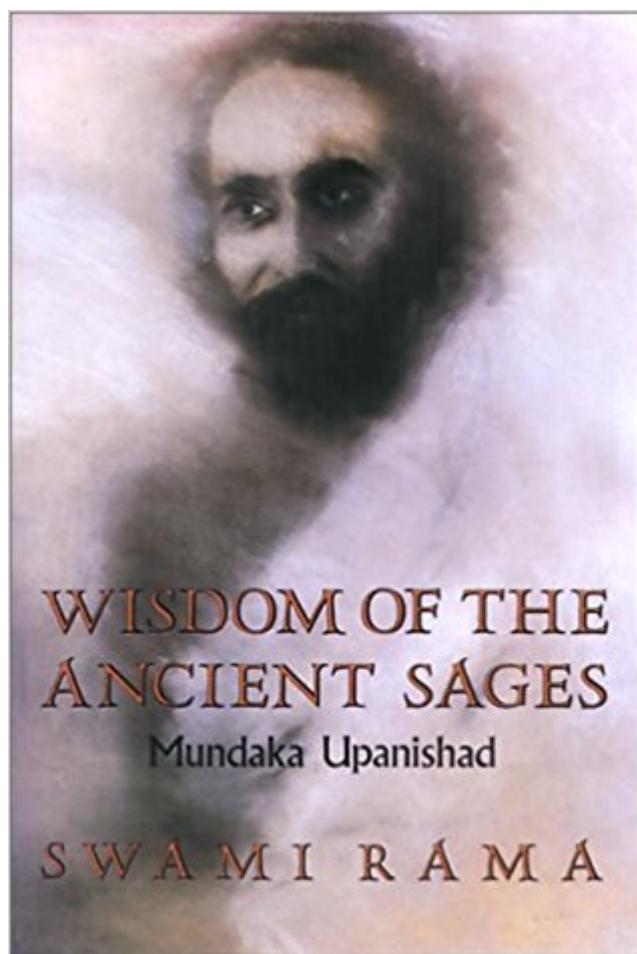


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Wisdom Of The Ancient Sages: Mundaka Upanishad



Synopsis

Swami Rama shares the powerful and inspiring teachings of one of the world's greatest spiritual texts: the Mundaka Upanishad. This beautiful translation and commentary affirms human nature as peaceful, creative, and transcendent. Its message will assist anyone seeking to walk the path of personal and spiritual development.

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Sri Swami Rama, the founder of the Himalayan International Institute of Yoga Science and Philosophy, was raised in the Himalayan cave monasteries and ordained a monk in early childhood. He studied Western psychology, philosophy, and medicine in Europe and taught in Japan before coming to the United States in 1969. Here he founded the Himalayan Institute to create a bridge between the ancient teachings of the East and the modern scientific approaches of the West.

It did not meet my expectations. I thought that it would have Sanskrit text with English transliteration. Thank you for your prompt services Krishna Kumar

I have read many books by Swami Rama, and this is one of his best works. May be more for the advanced student. The last chapter carried a profound message for me.

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